

Parent Book List*

Storybooks (Books for children to read with their parents, or to be read by parents to children)

It's My Body by Lori Freeman; "Beginner book for talking about sexual assault. This book does not have specific references or stories about sexual abuse. It discusses how feelings can help children make decisions about their bodies and how to communicate those decisions." Also available in Spanish. Age group 3-5 years. Produced by Parenting Press 800-992-6657; \$5.95 paperback, \$15.95 library.

Something Happened and I'm Scared to Tell by Patricia Kehoe; "With the help of a friendly lion, a young child sexual abuse victim is able to talk about sexual abuse and recover self esteem." Also available in Spanish. Age group 3-7. Produced by Parenting Press 800-992-6657, \$5.95 paperback, \$15.95 library.

Loving Touches by Lori Freeman; "Teaches children how to ask for and give loving touches. Also to learn how to respect their own and other's bodies." Age group 3-8. Produced by Parenting Press 800-992-6657, \$5.95 paperback, \$15.95 library.

The Trouble With Secrets by Karen Johnson; "Helps children distinguish between hurtful secrets and good surprises." Age group 3-8. Produced by Parenting Press 800-992-6657, \$5.95 paperback, \$15.95 library.

Telling Isn't Tattling by Kathryn Hammerseng; "Many children have trouble knowing the difference between telling and tattling. This book helps children learn when to tell an adult they need help and when to deal with problems themselves. It also helps adults learn when to pay attention to kids' requests for help. Thirteen stories portray typical examples of children telling and tattling. Each one ends with the question, 'Is she/he telling or tattling?' Alternatives to tattling and additional suggestions for telling round out each story." Age group 4-12. Produced by Parenting Press 800-992-6657; \$5.95 paperback, \$15.95 library.

it happens to BOYS too... by Jane A.W. Satullo; MA, Robertta Russell, Ph.D.; and Pat. A. Bradway; "Information for both parents and elementary school age boys about sexual abuse and how to get help." Age group 5-12. Produced by Rape Crisis Center for the Bershires Press, 18 Charles Street, Pittsfield, MA 01201.

A very Touching Book...for little people and big people... by Jan Hindman; "A very complete book that discusses types of touching, 'private parts', secrets, and when, who, and how to tell." Produced by AlexAndria Associates 541-889-8938.

I like You to Make Jokes With Me, But I Don't Want You To Touch Me by Ellen Bass; "An empowering book for young children about saying 'No' to unwanted touching." Age group 3-8. Produced by Lollipop Power Books/Carolina Wren Press.

Sarah by Illana Keets; "A story about a girl who after being sexually abused by her uncle, disassociates from her family until she is brought to her pediatrician who discovers what has been happening. He explains what steps need to be taken. Has an epilogue that discusses the issue of sexual abuse that can help parents talk to their children." Age group 8-12. \$16.95 available from Amazon.com.

When I Was Little Like You by Jane Porett; "A story written about the author's childhood experiences with sexual abuse. Discusses various issues regarding sexual abuse ranging from definitions and emotions of sexual abuse to who you can tell if it happens. Can be useful in attempts to initiate discussions with children." Age group 5-10. \$12.95 available from Amazon.com.

No More Secrets for Me by Oralee Wacheter; "A realistic book for elementary age children about sexual abuse and inappropriate touching of private parts." Age group elementary school. Produced by Little, Brown and Company. Available at Amazon.com

The Right Touch; A Read Along Story to Help Prevent Child Sexual Abuse by Sandy Kleven; “A story about Jimmy whose mother gently explains how to protect himself from improper touching, gives parents a loving, gentle way to encourage discussion. Has received many good reviews.” Age group 4-8. Produced by Illumination Arts. Available at Amazon.com.

Your Body Belongs to You by Cornelia Spelman; “In simple language this book explains that a child’s body is her or his own; that it is right for children to decline a friendly hug or kiss even from someone they love and trust.” *The Horn Book*, 1998. Produced by Albert Whitman and Co., Age group 4-8. Available at Amazon.com.

Activity Books

My Very Own Book About Me by Jo Stowell and Mary Dietzel; “An interactive workbook for elementary age children about touches, secrets, telling and getting help from adults.” Available from Lutheran Social Services of Washington (509) 747-8224 \$4.95 per book.

Protect Your Child From Sexual Abuse: A Parent’s Guide: A Book to Teach Young Children How to Resist Uncomfortable Touch by Janie Hart-Rossi; “Accompanies It’s My Body. Offers parents information about sexual abuse and what to do to prevent child abuse. A variety of activities and games for parents and other adults to use as teaching tools with children.” Ages 3-12; Produced by Parenting Press 800-992-6657, \$10.95 paperback, \$18.95 library.

What Every Kid Should Know About Sexual Abuse and You’re in Charge; “Coloring and activity books that help parents talk to children about sexual abuse.” Produced at Channing L. Bete Co., Inc. 800-628-7733.

*Provided by Connecticut Sexual Assault Crisis Services, Inc. (CONSACS)