

Sample: **POLICY REGARDING LIMITATIONS ON CONFIDENTIALITY\***

By my signature, I am signifying that I understand the policy regarding confidentiality described below, that this policy has been explained to me by a staff member from Special Services, and that I choose, of my own free will, to participate in treatment and and/or evaluation services for outpatient Sex Offender Treatment and/or Evaluation.

Information that I share with staff during individual treatment or evaluation sessions is confidential and will not be shared with others, other than the referring authority (that is, my probation officer, my parole officer, and/or my attorney), without my expressed written permission (via a signed Release of Information Form) authorizing the release of specific information to designated professional agencies or individuals.

**There are four exceptions to this confidentiality:**

1. If I provide information that leads staff to **suspect** that I am suicidal or likely to engage in serious self-destructive behavior, they may take appropriate action to prevent such behavior.
2. If I provide information that causes staff to believe that I pose a legitimate risk of committing physical harm to another **specific** person or persons, they may take action to protect the safety and welfare of that individual.
3. If I provide information that causes the staff to suspect that a **specific minor child** is at risk of physical, emotional, or sexual abuse or extreme neglect, that information will be reported to the appropriate authorities (in Connecticut that is the Department of Children and Families, DCF).
4. If I provide information about past abuse involving a **specific minor or minors**, that information **may** have to be reported to the above mentioned agency, depending on certain factors, including the current age of the children involved, the time since the abuse last occurred, and the current whereabouts of the children.

\_\_\_\_\_  
Signature of client

\_\_\_\_\_  
Witness

\_\_\_\_\_  
DATE signed

\* Provided by Center for the Treatment of Problem Sexual Behaviors, Middletown, CT