

SUPERVISION OF SEX OFFENDERS IN THE COMMUNITY:
A Training Curriculum

Outline of Section 4: Sex Offender Specific Treatment
in the Context of Supervision

Time Allotment: 2 hours, including Learning Activities

Subject Matter: This section provides an overview of the cognitive-behavioral model of treatment currently in favor among the most successful sex offender management teams. It is geared specifically toward helping agents understand the relationship between the treatment program and supervision. It reviews current research available on the effectiveness of sex offender treatment, the basic goals of sex offender-specific treatment and some of the specific methods used by treatment providers to reach those goals. It also provides guidance for probation and parole agents on how to evaluate the work of a treatment program, what to look for in a treatment provider, and critical areas where treatment providers and agents can work together to support offender compliance and enhance community safety.

Learning Activities: The Learning Activities in this section consist of a set of discussion questions that ask participants to consider the kind of treatment options available in their jurisdiction and how they compare to the model provided. The questions also take participants into some theoretical issues, such as possible tensions or conflicts between the goals of supervision and the goals of treatment, and the benefits and pitfalls of certain kinds of collaboration between agents and treatment programs.

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Page 1	TOPIC: Introduction	2 min.
	♦ Learning Objectives	
Page 2	TOPIC: Effectiveness of Sex Offender Treatment	10 – 15 min.
	♦ Review of the Research	
Page 6	TOPIC: Sex Offender Treatment	60 – 70 min.
	♦ Distinctions from Other Types of Treatment	
	♦ Learning Activity: Discussion Questions	
	♦ What Comprises Sex Offender Treatment	
	♦ Learning Activity: Discussion Questions	
	♦ Methods of Treatment	
	♦ Evaluating Progress in Treatment	

Page 15	TOPIC: What to Expect in a Sex Offender Treatment Provider	15 min.
	<ul style="list-style-type: none">◆ Common Philosophy of Sex Offender Treatment◆ Evaluating Treatment Providers	
Page 19	TOPIC: Collaboration Between Probation/Parole Supervision and Treatment	20 - 25 min.
	<ul style="list-style-type: none">◆ Collaboration Activities◆ Learning Activity: Discussion Questions	
Page 21	TOPIC: Summary	3 min.