

Long Version

Section 3: Elements of Sex Offender–Specific Treatment *Outline*

TOPIC: Introduction 5 min. **5 min.**

- Learning Objectives

**TOPIC: A Framework for Thinking about Sex Offender–
Specific Treatment** **25 min.**

- Introduction
- Treatment Addresses Criminogenic Needs
- Treatment Strategies
 - Treatment is Skills Oriented
 - Optimal Length of Treatment
 - Monitoring and Quality Control of Treatment Programs are a Must

TOPIC: Introduction **30 min.**

- Introduction
- Addressing Denial—The Polygraph
- Addressing Denial—Group Treatment
- A Technique to Address Cognitive Distortions Regarding Informed Consent
- Another Approach to Addressing Cognitive Distortions
- Increasing Victimization Awareness
- Involving Sex Offenders Formerly in Denial
- The Culmination of Deniers Treatment—Providing a Sexual Offense History

TOPIC: The Four Domains of Treatment **30 min.**

- Introduction
- Sexual Interests
- Distorted Attitudes
- Interpersonal Functioning
- Behavior Management
- Sex Offender Treatment Goals and Plans

TOPIC: Sexual Interests—The First Domain of Treatment **30 min.**

- Introduction
- Behavioral Intervention to Reduce Deviant Sexual Arousal
 - Commonly Asked Questions