

## SECONDARY TRAUMA AND THE MANAGEMENT OF SEX OFFENDERS: A Training Curriculum

Time Allotment: 2 hours and 30 minutes



### TOPIC: SUMMARY

(10 minutes)

We've covered a lot of material, and I hope you are leaving with some concrete steps that you can take to minimize the impact of secondary trauma.

In parting, I'd like to leave you with a few take home messages:

- Given the nature of our work, it is normal for many of us to experience secondary trauma.
- It is important that we acknowledge our risk of experiencing this trauma and be aware of its signs and symptoms, should they occur.
- We need to be proactive in addressing the impact of secondary trauma; consider what changes you need to make in your life or encourage within your agency based on the information you've learned today.
- Don't forget—agencies need to be supportive of their employees; they have just as much stake in preventing secondary trauma among employees as the employees themselves!
- Last, remember that your professional life should never take precedence over your personal life. It is critical that we maintain a sense of balance in our lives.

There are also resources available to you about sex offender management and secondary trauma as you get into or remain in this area of work. (Insert local resources if available.)

In summary, we cannot escape the fact that managing sex offenders is difficult, emotionally taxing work. It requires entering a world that very few people are willing to acknowledge. However, by entering this world and doing this work, you influence victim and community safety in a very positive and important way. Thank you for your investment and good work! And thank you for helping to take care of our community. By all means, don't forget to take care of yourself.

➤ Use Slide 1: Title Page

➤ Use Slides 2–3: Take Home Messages

➤ Use Slide 4: Thank You!

***Note:** Allow time for participants to complete evaluations. A standard evaluation is included with the participant materials. You can also engage the group in a discussion of things they liked and things they would change about the training. Collect training evaluations as participants leave the training site.*

***Note:** Visit the CSOM Web site at [www.csom.org](http://www.csom.org) for additional information related to the management of sex offenders. There you will find links to other sites, a searchable database, and information about upcoming events, downloadable documents, and other resources.*